

# September 2010

## NK Elementary/NSK HS Lunch Menu

Mon	Tue	Wed	Thu	Fri
		1 <b>Breakfast</b> French Toast Syrup Bacon Juice Milk  <b>Lunch</b> Tator Tot Hot Dish Tea Roll Green Beans Frosted Jello Milk	2 <b>Breakfast</b> Scrambled Eggs with Ham Toast Apricots Milk  <b>Lunch</b> Steak Nuggets Hash Browns Peas or Pineapple Peanut Butter Bar Milk	3 <b>Breakfast</b> Combo Bar Toast Juice Milk  <b>Lunch</b> Sub on a Bun Tri-Tators Mixed Vegetable or Fruit Salad Milk
6  <b>NO SCHOOL</b>  <b>Labor Day</b>	7 <b>Breakfast</b> Eagle Sandwich Pineapple Milk  <b>Lunch</b> Crispito Broccoli Cheese Sauce Applesauce Milk	8 <b>Breakfast</b> Tac & Go Juice Milk  <b>Lunch</b> Rib on a Bun Potato Wedges 7-Layer Salad Cherry Fluff Salad Milk	9 <b>Breakfast</b> Pancakes Syrup Sausage Link Mixed Fruit Milk  <b>Lunch</b> Chicken Fajitas Corn Mixed Fruit Sunshine Bar Milk	10 <b>Breakfast</b> Caramel Roll Yogurt Juice Milk  <b>Lunch</b> Hamburger on a Bun French Fries Peas Salad or Apple Slices Milk
13 <b>Breakfast</b> Peanut Btr & Jelly Sandwich Orange Slices Milk  <b>Lunch</b> Scalloped Potatoes & Ham Tea Roll Green Beans or Peaches Milk	14 <b>Breakfast</b> Waffles Syrup Bacon Juice Milk  <b>Lunch</b> Hot Beef Sandwich Mashed Potatoes Gravy Peas & Carrots Jello Jewels Milk	15 <b>Breakfast</b> Cereal Bagel or Toast Peaches Milk  <b>Lunch</b> Pork Choppette on a Bun Potato Smiles Pineapple Milk	16 <b>Breakfast</b> Breakfast Pizza Applesauce Milk  <b>Lunch</b> Turkey Gravy Biscuits or Rice Sweet Potatoes or Carrots California Fruit Cup Milk	17 <b>Breakfast</b> Pancake Wrap Syrup Juice Milk  <b>Lunch</b> Pizza Lettuce Salad Applesauce Brownie Milk
20 <b>Breakfast</b> French Toast Syrup Mandarin Oranges Milk  <b>Lunch</b> Hot Chicken on a Bun Tri-Tators Mixed Vegetables Fruit Cocktail Milk	21 <b>Breakfast</b> Donut Cheese Slice Juice Milk  <b>Lunch</b> Salisbury Steak Mashed Potatoes Gravy Corn Grapes Milk	22 <b>Breakfast</b> Combo Bar Toast Pears Milk  <b>Lunch</b> Spaghetti Bread Sticks Green Beans Peaches Milk	23 <b>Breakfast</b> Tac & Go 1/2 Banana Milk  <b>Lunch</b> Chicken Stirfry Chow Mein Noodles or Rice California Vegetables Blueberry Cheese- cake Milk	24 <b>Breakfast</b> Scrambled Eggs Toast Juice Milk  <b>Lunch</b> Hot Ham & Cheese on a Bun Hash Browns Peas Pears or Kiwi Milk
27 <b>Breakfast</b> Breakfast Wrap Juice Milk  <b>Lunch</b> Chicken Patty on a Bun Mashed Potatoes Corn Fresh Fruit Milk	28 <b>Breakfast</b> Breakfast Pizza Pineapple Milk  <b>Lunch</b> Tacos Green Beans Applesauce Milk	29 <b>Breakfast</b> Eagle Sandwich Apricots Milk  <b>Lunch</b> Chicken Alfredo over Noodles Broccoli Pineapple Chocolate Chip Bar Milk	30 <b>Breakfast</b> Peanut Btr & Jelly Sandwich Juice Milk  <b>Lunch</b> Wiener Wink Baked Beans Potato Chips Mandarin Oranges Milk	